

C Cultural Experience and Volunteer ProgramTokyo West International School Summer Program

Experience That Changes the Future: Culture and Social Contribution Program



The value of volunteering

01

The Appeal of International Volunteer Work and Its Impact on University Admissions

In recent years, universities—both in Japan through AO admissions and abroad—have begun placing greater emphasis on extracurricular activities alongside academic achievement.

International volunteer experiences, in particular, showcase cultural awareness and global engagement, leaving a strong impact on admissions committees.

02

Building Global
Friendships and Taking
on New Experiences

In this program, participants
live together with peers from
diverse countries such as those
in Northern Europe, North
America, and South America.
Through immersive cultural
experiences and meaningful
interactions, they can build a
strong international network.

Even after returning home, these connections often serve as a foundation for continued global engagement and collaboratio

03

Developing Initiative and Leadership Skills

Taking the initiative to identify problems and work toward solutions during volunteer activities is an excellent opportunity to develop initiative and leadership skills.

It serves as a strong foundation for future success.

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04

A gateway to future possibilities

The experiences and networks gained through the program often inspire continued volunteer work even after returning home.

By applying the knowledge and connections acquired during the activities, participants are encouraged to stay engaged in social contribution efforts over the long term.

Program Summary

Duration: Two-week program (Flexible start dates: Arrive

on Sunday, depart on Saturday)

Extensions are available (Monthly participation also possible)

Age: Solo participation from age 16 (Parental consent required)

Accomodation: Dormitory-style accommodation: 4–6 people per room, separated by gender

Meal: Three meals a day; on weekends, breakfast and dinner only

Country: Ubud, Bali, Indonesia / or Chiang Mai, Thailand

Program Content: This is a two-week program. In the first week, participants will gain a deep understanding of the local culture through learning about traditional arts, customs, and daily life, as well as interacting with local people.

In the second week, participants can choose a volunteer activity based on their English level and personal interests. A variety of volunteer programs are available to match your preferences.

Indonesia/Bali • Ubudo



<u>Discover the Heart of Bali — A Healing Oasis of Nature and Culture</u>

Bali is one of Indonesia's most popular tourist destinations, known for its stunning beaches, rich culture, and breathtaking natural landscapes. Kuta Beach and Sanur Beach are perfect spots for surfing and snorkeling, offering clear waters and a variety of marine activities. The island is home to many Hindu temples, with Tanah Lot and Uluwatu Temples being especially famous for their picturesque settings and stunning sunset views.

Bali also boasts lush nature. In Ubud, visitors can enjoy green rice paddies and terraced fields, while hiking Mount Agung and Mount Batur is a popular activity for adventure lovers. Bali is also a hub for the arts—Ubud, in particular, is known for its vibrant local crafts and artwork.

The island has a tropical climate, with the dry season (April to October) being the best time to visit. Combining beaches, culture, and nature, Bali is a perfect destination for relaxation, adventure, and artistic inspiration.

Bali Ubud Program

1 1st week Culture Experience



2 nd Week Volunteer

OR

Purpose:

To learn about and experience Bali's diverse art forms, including painting, sculpture, wood carving, and performing arts.

Main Activities:

- Balinese language lessons
- Visits to Balinese temples
- Walking tours in Ubud and Monkey Street
- Local art and cooking classes
- Traditional dance performances
- Flower arrangement workshops
- Artistic experiences through Batik painting
- Traditional Balinese cooking classes
- Flower offering creation and prayer ritual at Tirta

Empul Temple





★Environmental Education



★Medical Education



★Sea Turtle Conservation



★Constraction & Repair





Please select one of the options above.



1 ST WEEK CULTURE EXPERIENCE

XPlease note: The schedule is subject to change.

Sun

Arrival at Ngurah Rai International Airport (Denpasar Airport) Travel time to your accommodation is approximately 1.5 hours by car. A Green Lion

dinner and a traditional dance show.

Mon

staff member will be there to pick you up at the airport.

Tue

Breakfast, Balinese language class, lunch, village walking tour (rice terraces, art village, and

After breakfast, enjoy an introduction to Balinese culture, followed by a walking tour of Monkey

Street and Ubud Market. After lunch, join a Balinese culture class, then end the day with an early

Wed

scenic hill walk), dinner.

Thu

Breakfast, Balinese language class, lunch, Batik painting class, dinner.

Fri

Breakfast, cooking class, lunch, Balinese flower offering class, welcome and farewell dinner.

Breakfast, Spiritual Tour: Visit the famous "Pura Tirta Empul" Temple of Sacred Water and enjoy a ritual bath in the holy spring. (Lunch is at home / Snacks and drinks available at the temple.))

Sat

Free time (You will often explore with other participants.)

2 2nd Week Volunteer Week in Bali

★Environmental Education

Bali is known for its beautiful nature and lush landscapes. However, rapid development and the increase in tourism have had significant negative effects on Bali's environment. One of the major issues is the widespread use of plastic water bottles and food packaging, a problem exacerbated by the fact that, traditionally, food in Bali was wrapped in biodegradable banana leaves, which are often discarded carelessly on the ground. The relationship between humans and the environment is a key aspect of Balinese culture. This project aims to teach children about environmental education in a fun and dynamic way from an early age. It focuses on "practical" methods, encouraging children to collaborate in nature. Participants will plan campaigns every morning and visit schools in the Ubud area in the afternoon.





★Medical Education

Join and support medical education activities and campaigns in Bali! This program is highly recommended for qualified healthcare professionals, individuals aspiring to build a career in the medical field, or those interested in medical education. You will have the opportunity to contribute to the development of healthcare in the Ubud and Gianyar regions. Whether working as a professional in the field or teaching basic first aid and personal hygiene methods to the local community, your involvement will make a difference.

Program Description

We also welcome those interested in teaching basic first aid and personal hygiene practices.



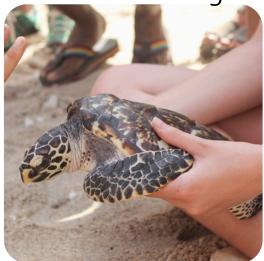


2 2nd Week Volunteer Week Bali

★Sea Turtle Conservation

The Sea Turtle Conservation Project is located on the captivating Nusa Penida Island. Join the local team and help protect the endangered sea turtles of Indonesia. Through this program, you will contribute to the conservation of sea turtles in Nusa Penida by engaging in activities at the conservation center. Depending on the season, you may participate in species identification, egg collection, nest monitoring, and releasing hatchlings into the sea. Program Details

The conservation efforts focus on protecting sea turtles from human impact and maintaining a suitable environment for successful nesting.







★Constraction & Repair

Practical Contribution to the Community
In this program, you can make a direct impact on the
community through renovation activities at schools, temples,
hospitals, and community centers. The hands-on experience of
improving facilities and contributing to the enhancement of
local people's living conditions, education, and healthcare is
highly rewarding. By engaging in social contributions and
interacting with local people, you will gain a deep sense of
fulfillment and achievement.







※カルチャーウィーク後フェリーでペニダ島まで移動します。

Accomodation

Dormitory-style accommodation: 4–6 people per room, separated by gender

The facility includes a dining hall, an outdoor pool, and a garden. Each room is equipped with bunkbeds, shared bathrooms, and air conditioning. Lockers are available in each room.

















Pick-up from Bali Denpasar Airport

1: Flights arriving between 00:00 and 23:59 (within the specified time).

After passing through customs, please remain on the same floor and proceed toward the arrival gate (passing through the duty-free shop). A representative will be waiting for you at the International Arrival Information Center at Denpasar Airport, holding a board with your name on it.







Program Fee 160,000 Yen (2 weeks) per person

included in the fee: dormitory-style accommodation, three meals a day, airport pick-up, and transportation to activities.

XReturn transfer to the airport is not included (can be arranged separately).

XStays longer than 2 weeks are also possible. Please contact us for more information.

Optional Fee

Additional nights: ¥8,000 per night (Bali)

Additional nights: ¥8,000 per night (Chiang Mai)



For inquiries and applications, please contact us.

If you have any questions about the program, feel free to contact us anytime via our official LINE account! ⇒

We will guide and support you through the application process via LINE or email.

E-mail: company@python-academics.com

