

16+ can join solo

Chiang Mai • Thailand

C Cultural Experience and Volunteer Program –Tokyo West International School Summer Program–

Experience That Changes the Future: Culture and Social Contribution
Program



The value of volunteering

01

The Appeal of International Volunteer Work and Its Impact on University Admissions

In recent years, universities—both in Japan through AO admissions and abroad—have begun placing greater emphasis on extracurricular activities alongside academic achievement. International volunteer experiences, in particular, showcase cultural awareness and global engagement, leaving a strong impact on admissions committees.

02

Building Global Friendships and Taking on New Experiences

In this program, participants live together with peers from diverse countries such as those in Northern Europe, North America, and South America. Through immersive cultural experiences and meaningful interactions, they can build a strong international network. Even after returning home, these connections often serve as a foundation for continued global engagement and collaboration.

03

Developing Initiative and Leadership Skills

Taking the initiative to identify problems and work toward solutions during volunteer activities is an excellent opportunity to develop initiative and leadership skills. It serves as a strong foundation for future success.

04

A gateway to future possibilities

The experiences and networks gained through the program often inspire continued volunteer work even after returning home. By applying the knowledge and connections acquired during the activities, participants are encouraged to stay engaged in social contribution efforts over the long term.

Program Summary

Duration : **Two-week program (Flexible start dates: Arrive on Sunday, depart on Saturday)**

Extensions are available (Monthly participation also possible)



Age :Solo participation from age 16 (Parental consent required)

Accommodation : **Dormitory-style accommodation: 4–6 people per room, separated by gender**

Meal : **Three meals a day ; on weekends, breakfast and dinner only**

Country : **Ubud, Bali, Indonesia / or Chiang Mai, Thailand**



Program Content: This is a two-week program. In the first week, participants will gain a deep understanding of the local culture through learning about traditional arts, customs, and daily life, as well as interacting with local people.

In the second week, participants can choose a volunteer activity based on their English level and personal interests. A variety of volunteer programs are available to match your preferences.

Thailand • Chiangmai



• Thailand's Serene Oasis: Where Nature and Culture Come Alive

Chiang Mai is a historic city located in northern Thailand, with a rich history spanning over 700 years. As the former capital of the Lanna Kingdom, it is home to numerous ancient temples and cultural heritage sites. One of the most famous temples is Wat Doi Suthep, located on a mountain summit, offering a panoramic view of Chiang Mai's beautiful landscape.

The city is also renowned for its natural beauty, surrounded by lush greenery and mountains such as Doi Inthanon, Thailand's highest peak. Outdoor activities like hiking, trekking, and visiting hot springs are popular among both locals and tourists.

Chiang Mai's cuisine is another highlight, with traditional northern dishes like Khao Soi (curried noodles) and Larb (spicy minced meat salad) offering unique flavors. At the night bazaars and local markets, visitors can shop for handmade crafts and souvenirs, making it an excellent destination for cultural tourism.

The climate is generally mild, with the dry season (November to February) being the most pleasant time to visit. With its blend of nature, history, and culture, Chiang Mai is a truly captivating city.

Chaingmai Program

① 1st Week Culture Experience

Purpose:

To experience Thailand's rich culture and natural landscapes while immersing yourself in local life.

Main Activities:

- Explore Buddhist teachings through temple (Wat) visits
- Visit local markets and experience the Thai way of life
- Learn Learn Thai Language
- Learn to cook Thai cuisine in a local cooking class
- Visit hill regions and traditional tribal communities
- Discover local treasures in Thailand's lively markets
- Explore tourist attractions and participate in cultural activities



② 2nd Week Volunteer

Child care



English Teaching



OR

Constraction



Please select one from the options above.

①

1st Week Culture Experience

※Please note: The schedule is subject to change.

日曜日

Arrival at Chiang Mai Airport

Travel time to accommodation: approx. 30 minutes by car.
A Green Lion staff member will pick you up at the airport.

月曜日

Breakfast

Program introduction, registration, general orientation
Introduction to Thai culture, customs, and important guidelines
Dinner

火曜日

Breakfast

Thai Culture Lecture: Thai history, religion, and customs
Dinner

水曜日

Breakfast Visit to the Umbrella Village and umbrella painting activity
Visit to hot springs (hot spring pool)

木曜日

Breakfast

Visit to Wat Phra That Doi Suthep Ratchaworawihan (mountaintop temple)
Visit to Wat Pha Lat (hidden jungle temple)
Welcome and farewell dinner

金曜日

Breakfast Visit to Lanna Folklife Museum and Warorot Market
Visit to Wat Chedi Luang and the Night Market

土曜日

Free



②

2nd Week Volunteer Week Chiang Mai

★Childcare

Overview

Are you interested in a meaningful experience where you can enjoy creative learning activities with children? The Childcare Program in Chiang Mai is just what you're looking for!

In this program, you'll have the opportunity to prepare and teach lessons to children, assist with daily routines and tasks, and help ensure a calm and restful nap time. In the afternoons, you'll continue engaging with the children, working closely with local teachers and staff to create a warm and supportive environment.

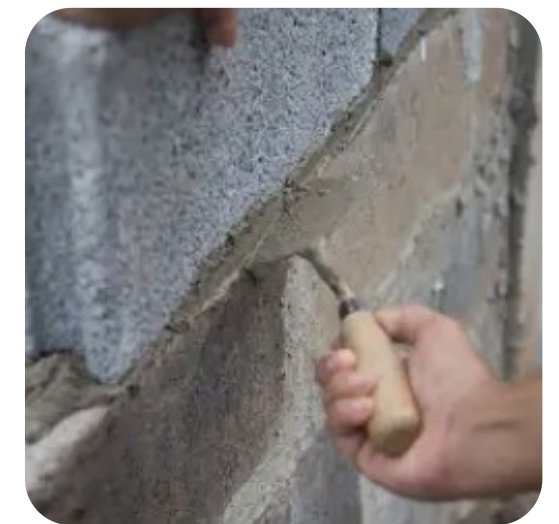
Through creative and engaging approaches, you'll help improve the children's English skills, introduce basic educational concepts, and also get a chance to immerse yourself in Thailand's rich culture.

If you're a young student participant, we encourage you to have fun and actively join the activities with the children!



★Constraction

Join the Construction Program in Chiang Mai and help make a real difference in the local community. This program focuses on improving essential facilities such as schools, temples, and healthcare centers to support better living conditions and overall well-being for residents. You will actively participate in hands-on tasks such as painting walls, cleaning, plastering, and roof repairs—directly helping to create safe and functional spaces. Your work will also contribute to improving homes for those in need, making a meaningful impact on their daily lives.



② 2nd Week Volunteer Week Chiang Mai

★ English Teaching

This program in the Chiang Mai area offers a unique opportunity to help children improve their English skills while introducing them to different cultural perspectives. Participants will use creative teaching techniques to create an interactive learning environment and work alongside local teachers to deliver engaging lessons.

You may also have the chance to teach English in rural communities and take part in English camps or special classes during school holidays. The program is designed for a wide range of age groups and allows participants to gain valuable teaching experience while immersing themselves in Thai culture.

Through this educational initiative, you will contribute to local communities and promote your own personal growth at the same time.



Accommodation

Dormitory-style accommodation: 4–6 people per room, separated by gender



Dormitory rooms are assigned randomly, so we are unable to accommodate specific room requests in advance

Airport pick-up at Chiang Mai International Airport



Flights arriving within the designated time: 08:00–16:00 at CNX (Chiang Mai) Airport, 1st floor, Door 5.

If you are arriving on an international flight, please exit the arrival hall and stay on the same floor, then turn left and walk toward Gate 5. If you are arriving on a domestic flight, please exit the arrival hall and stay on the same floor, then turn right and walk toward Gate 5. This area can be crowded, so please wait near the entrance if possible and look for a coordinator holding a "The Green Lion" sign among the many people holding signs.



It takes at least one hour from arrival to the meeting point (including immigration and customs). Please plan accordingly.

Meal

**Breakfast, lunch, and dinner (on weekends:
breakfast and dinner only)**



Fee

Program Fee 1 6 0,0 0 0 Yen (2 weeks) per person

included in the fee: dormitory-style accommodation, three meals a day, airport pick-up, and transportation to activities.

- ✂Return transfer to the airport is not included (can be arranged separately).
- ✂Stays longer than 2 weeks are also possible. Please contact us for more information.

Optional Fee

Additional nights: ¥8,000 per night (Bali)

Additional nights: ¥8,000 per night (Chiang Mai)



Python Academics Tokyo

For inquiries and applications, please contact us.

If you have any questions about the program, feel free to contact us anytime
via our official LINE account! ⇒

We will guide and support you through the application process via LINE or
email.

E-mail : company@python-academics.com

